

BALAGAN

CAFÉ & DELI

PEQUENO ALMOÇO & BRUNCH

GRANOLA CHOCOLATE & TAHINI ^{V*|GF} € 6.9
iogurte grego & frutas frescas

Opção vegan iogurte de coco + € 1.5

BAGEL DE SALMÃO CURADO € 11.5
queijo creme, abacate, alcaparras, cebola, limão em conserva & salada de folhas verdes

BALAGAN BREKKIE ^{V*|GF*} € 12.9
húmus, baba ganoush, salada picada, ovos mexidos com za'atar & pão pita

Opção vegan tofu scramble + € 1.5

OVOS TURCOS ^{GF*} € 10.9
creme de feta, espinafre baby, abacate, ovos fritos, harissa & pão pita

SABICH BOWL ^{V*|GF*} € 12.5
tomate, pepino doce, cebola, grão, beringela frita, ovo*, amba, tahina & pão pita

BATATA HASH BROWN ^{V|GF} € 10.5
confit de tomate seco e tofu, abacate, espinafre baby marinado & aioli vegan

* Substituição pão sem glúten + € 3.0

PARA ADICIONAR

queijo | fiambre € 2.5 manteiga | doce € 1.0

PASTELARIA

TORRADA ^{V*} com manteiga ou azeite € 3.0

TOSTA SIMPLES com queijo ou fiambre € 5.5

TOSTA MISTA com queijo e fiambre € 6.9

PASTEL DE NATA € 1.7

CROISSANT com doce ou manteiga € 2.7

PAIN AU CHOCOLAT € 3.0

ROLO DE CANELA € 3.5

FOLHADO DE FRAMBOESA E MAÇÃ € 3.0

BOLO DE TÂMARA com caramelo de miso € 4.9

BOLO DE BANANA ^V com manteiga de amêndoa € 3.9

BROWNIE DE CHOCOLATE ^{GF} € 3.5

DA COZINHA

ATÉ ÀS 16H

HÚMUS CLÁSSICO ^{VIGF*}	€ 6.9
za'atar, pimentão doce, azeite & pão pita	
FALÁFEL DE PIPOCAS ^{VIGF}	€ 5.0
com tahini & molho zhug	
BATATAS FRITAS ^{VIGF} com ketchup	€ 4.9
BATATA DOCE FRITA ^{VIGF} com amba aioli	€ 7.5

PARA O DIA TODO

SABICH WRAP ^V	€ 7.5
húmus, beringela, salada de couve roxa, tomate, pepino, tahini & amba	
SHAWARMA WRAP	€ 8.5
húmus, frango de shawarma, pimento assado, cebola roxa, feta & molho de iogurte	
SANDUÍCHE DE FRANGO EMPANADO	€ 8.0
brioche, chucrute, mostarda & queijo	
BATATAS FRITAS LISAS ^{VIGF}	€ 1.5
AZEITONAS TEMPERADAS ^{VIGF}	€ 3.9

V= VEGAN | GF= SEM GLÚTEN | V*/GF*= VEGANO OU SEM GLÚTEN DISPONÍVEL

CAFÉ "SPECIALITY"

Baobá Roaster Blend Brasil, terroir vulcânico
frutos secos, caramelo & camomila

CAFÉ CAFÉ DUPLO	€ 1.7 € 3.0
ABATANADO com café duplo	€ 3.0
MOCCAMASTER CAFÉ FILTRO	€ 3.0
MEIA-DE-LEITE	€ 3.5
CAPPUCCINO pequeno 200 ml	€ 3.6
CAPPUCCINO grande 280 ml	€ 3.9
GALÃO com single shot	€ 3.5
CHOCOLATE QUENTE BIO	€ 3.6
LEITE DOURADO açafião & canela	€ 3.9
MATCHA LATTE grau cerimonial premium	€ 4.9
CHAI LATTE	€ 3.9
DIRTY CHAI com extra shot de café	€ 4.6
<i>novo</i> GINGERBREAD LATTE	€ 4.2
SUPLEMENTO LEITE VEGANO	€ 0.5
EXTRAS caramelo, baunilha, pumpkin spice	€ 0.5
EXTRA SHOT DE CAFÉ	€ 1.7

**Descafeinado disponível pelas opções com espresso*

CHÁ

TETLEY preto, verde, frutas ou camomila	€ 1.5
<i>novo</i> WINTER POT spiced black tea & apple	€ 3.0
TISANE - INFUSÃO ERVAS FRESCAS	€ 3.0
gengibre, curcuma & laranja (5-7 min)	
hortelã, gunpowder chá verde & canela (2-4 min)	
tomilho, gengibre & limão (5-7 min)	
citronela & lima (7-10 min)	

COLD BREW & CO

COLD BREW COFFEE café passado a frio	€ 3.9
CAFÉ GELADO	€ 3.0
GALÃO GELADO	€ 3.5
CAFÉ NITRO	€ 3.9
ÁGUA DE COCO com espuma de matcha	€ 4.5
KARCADEH chá de hibisco gelado	€ 3.9
CHÁ PRETO GELADO spices, herbs & mango	€ 3.9
LEMONADA AÇAFRÃO especiarias & manga	€ 4.5

SUMOS FRESCOS 0.25L

SUMO DO DIA	€ 4.0
SUMO DE LARANJA	€ 3.5
SUMO CÍTRICO laranja, limão & lima	€ 3.6
SUMO DE MAÇÃ OU ABACAXÍ	€ 4.5

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REFRIGERANTES

COCA-COLA 0.33l	€ 3.5
COCA-COLA ZERO 0.33l	€ 3.5
SPRITE 0.33l	€ 3.2
FANTA 0.33l	€ 3.2
FUZE TEA LIMÃO OU PÊSSEGO 0.33l	€ 3.2
LUSO água natural 0.33l	€ 1.0
LUSO água natural 1.5l	€ 2.8
CASTELLO água mineral gaseificada 0.25l	€ 2.0
CASTELLO água mineral gaseificada 0.75l	€ 4.8
PEDRAS água mineral com gás 0.25l	€ 2.8
TONIC WATER royal bliss 0.2l	€ 3.5
GINGER BEER tribute 0.2l	€ 4.9
GINGER ALE royal bliss 0.2l	€ 3.5

DO BARRIL

SAGRES imperial 0.2l	€ 2.0
SAGRES caneca 0.5l	€ 4.8
BANDIDA SIDRA 0.4l	€ 5.0

DA GARRAFA

SAGRES 00 0.33l	€ 3.5
MEAN SARDINE blonde ale 0.33l	€ 5.9
NORTADA IPA 0.33l	€ 7.0
HEINEKEN 0.33l	€ 3.8

VINHOS DA CASA

ADEGA MÃE, LISBOA	150 ML 750 ML
colheita branco	€ 4.0 € 19.0
colheita rosé	€ 4.0 € 19.0
colheita tinto	€ 4.0 € 19.0

SPRITZ

APEROL SPRITZ	€ 10.5
espumante & aperol	
BALAGAN SPRITZ	€ 8.0
espumante & porto branco	
HUGO	€ 7.5
espumante & sabugueiro	
MIMOSA	€ 6.9
espumante & sumo de laranja	

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CAFÉ & DELI

BREAKFAST ALL DAY

CHOCOLATE TAHINA GRANOLA ^{V*|GF} € 6.9
greek yoghurt & fresh fruits

Make it vegan coconut yoghurt + € 1.5

CURED SALMON BAGEL € 11.5
cream cheese, avocado, pickled onions, capers,
preserved lemons & mixed greens side

BALAGAN BREKKIE ^{V*|GF*} € 12.9
hummus, baba ganoush, chopped salad,
za'atar spiced scrambled egg & pita bread

Make it vegan tofu scramble + € 1.5

TURKISH EGGS ^{GF*} € 10.9
feta cream, baby spinach, avocado,
fried eggs, harissa & pita bread

SABICH BOWL ^{V*|GF*} € 12.5
tomato, cucumber, chickpeas, fried
aubergine, egg, amba, tahina & pita bread

CRISPY HASHBROWN ^{V|GF} € 10.5
avocado, dried tomato-tofu confit,
marinated baby spinach & aioli

* *Gluten-free bread substitute + € 3.0*

ADD ANYWHERE

cheese | ham € 2.5 butter | jam € 1.0

BAKERY

TOAST ^{V*} with butter or olive oil € 3.0

TOSTA SIMPLES with ham or cheese € 5.5

TOSTA MISTA with ham & cheese € 6.9

PASTEL DE NATA € 1.7

CROISSANT with butter or jam € 2.7

PAIN AU CHOCOLAT € 3.0

CINNAMON ROLL with nut filling € 3.5

RASPBERRY-APPLE PASTRY € 3.0

DATE CAKE with miso caramel € 4.9

BANANA BREAD ^V with almond butter € 3.9

CHOCOLATE BROWNIE ^{GF} € 3.5

FROM THE KITCHEN UNTIL 16H

HUMMUS CLASSIC ^{VIGF*} € 6.9

za'atar, sweet paprika, olive oil & pita

POPCORN FALAFEL ^{VIGF} € 5.0

tahina & zhug

FRENCH FRIES ^{VIGF} ketchup € 4.9

SWEET POTATO FRIES ^{VIGF} amba aioli € 7.5

ALL DAY SNACKS

SABICH WRAP ^V € 7.5

hummus, eggplant, red cabbage salad,
tomato, cucumber, tahina & amba

SHAWARMA WRAP € 8.5

hummus, chicken shawarma, red onion,
burnt bell pepper, feta & yoghurt sauce

SCHNITZEL SANDWICH € 8.0

brioche bun, sauerkraut, mustard & cheese

POTATO CHIPS ^{VIGF} € 1.5

SPICED OLIVES ^{VIGF} € 3.9

SPECIALITY COFFEE

Baobá Roaster Blend Brazil, terroir volcanic nutty, caramel & chamomile

ESPRESSO DOUBLE ESPRESSO	€ 1.7 € 3.0
AMERICANO made with double shot	€ 3.0
MOCCAMASTER FILTER COFFEE	€ 3.0
FLAT WHITE	€ 3.5
CAPPUCCINO small 200 ml	€ 3.6
CAPPUCCINO large 280 ml	€ 3.9
LATTE made with single shot	€ 3.5
ORGANIC HOT CHOCOLATE	€ 3.6
GOLDEN MILK with turmeric & cinnamon	€ 3.9
MATCHA LATTE premium ceremonial grade	€ 4.9
CHAI LATTE	€ 3.9
DIRTY CHAI with espresso shot	€ 4.6
<i>new</i> GINGERBREAD LATTE	€ 4.2
VEGAN MILK SUPPLEMENT	€ 0.5
ADD-ONS caramel, vanilla, pumpkin spice	€ 0.5
EXTRA ESPRESSO SHOT	€ 1.7

**Decaf available for all espresso options*

TEA

TETLEY black, green, fruit or chamomile	€ 1.5
<i>new</i> WINTER POT spiced black tea & apple	€ 3.0
TISANE - FRESH HERBAL INFUSION	€ 3.0
ginger, curcuma & orange zest (5-7 min)	
mint, gunpowder green tea & cinnamon (2-4 min)	
thyme, ginger & lemon (5-7 min)	
lemongrass & lime (7-10 min)	

COLD BREW & CO

COLD BREW COFFEE blend of the month	€ 3.9
ICED BLACK COFFEE	€ 3.0
ICED LATTE	€ 3.5
NITRO COFFEE	€ 3.9
ICED COCO WATER with matcha foam	€ 4.5
KARKADEH iced hibiscus tea	€ 3.9
ICED BLACK TEA spices, herbs & mango	€ 3.9
TURMERIC LEMONADE forrest berries	€ 4.5

FRESH JUICES 0.25L

JUICE OF THE DAY	€ 4.0
ORANGE JUICE	€ 3.5
CITRUS JUICE orange, lemon & lime	€ 3.6
APPLE OR PINEAPPLE JUICE	€ 4.5

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SOFT DRINKS

COCA-COLA 0.33l	€ 3.5
COCA-COLA ZERO 0.33l	€ 3.5
SPRITE 0.33l	€ 3.2
FANTA 0.33l	€ 3.2
FUZE TEA LEMON OR PEACH 0.33l	€ 3.2
LUSO still water 0.33l	€ 1.0
LUSO still water 1.5l	€ 2.8
CASTELLO sparkling water 0.25l	€ 2.0
CASTELLO sparkling water 0.75l	€ 4.8
PEDRAS classic or lemon 0.25l	€ 2.8
TONIC WATER royal bliss 0.2l	€ 3.5
GINGER BEER tribute 0.2l	€ 4.9
GINGER ALE royal bliss 0.2l	€ 3.5

ON THE TAP

SAGRES imperial 0.2l	€ 2.0
SAGRES caneca 0.5l	€ 4.8
BANDIDA CIDER 0.4l	€ 5.0

BOTTLED

SAGRES 00 BRANCA 0.33l	€ 3.5
MEAN SARDINE blonde ale 0.33l	€ 5.9
NORTADA IPA 0.33l	€ 7.0
HEINEKEN 0.33l	€ 3.8

HOUSE WINES

ADEGA MÃE, LISBON	150 ML 750 ML
white - colheita branco	€ 4.0 € 19.0
rosé - colheita rosé	€ 4.0 € 19.0
red - colheita tinto	€ 4.0 € 19.0

SPRITZ

APEROL SPRITZ	€ 10.5
sparkling wine & aperol	
BALAGAN SPRITZ	€ 8.0
sparkling wine & white porto	
HUGO	€ 7.5
sparkling wine & elderflower	
MIMOSA	€ 6.9
sparkling wine & orange juice	